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COD WITH PARSLEY & LEMON

Ingredients:

Cod (see Cullen's Fish Selection)

Lemon

Chopped Parsley

Salt & Pepper

2 tbsp Butter

Preparation:

Combine a couple of tablespoons of grated lemon rind and chopped flat leaf parsley.

Add salt and pepper.

Melt butter in a pan and cook the cod until cooked through.

Add the lemon and parsley mixture.

Serve with a wedge of lemon.

Simple and tasty.