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TRAY ROASTED VEG

Ingredients:

Carrots
Parsnips
Olive Oil
Salt & Pepper
Rosemary or Thyme Sprigs

Preparation:

Heat the oven to 200 deg.

Chop the carrots and parsnips either into lengths or cubes as desired.

Toss in olive oil.

Season with salt and pepper.

Add a few rosemary or thyme sprigs.

Spread with out in a single layer in a roasting tray and cook until tender.

TIP:

When drizzling the veg in the olive oil you could try adding a drizzle of white wine vinegar over the parsnips and the juice of a Clementine over the carrots with a pinch of cumin seeds. For an extra tasty result!!