



Main Street, Wicklow Town. Tel: 0404-69719
www.cullensbutchers.com

COLCANNON

*An old Irish Halloween Dish of potatoes with cabbage or kale.
It is tradition to serve colcannon with prizes of small coins concealed in it.*

Ingredients:

- 1 lb Cabbage finely chopped or Kale
- 2 lb Potatoes peeled and cut
- 1 Cup Milk
- 2 leeks chopped
- Salt & Pepper
- Some grated Nutmeg
- Butter

Preparation:

Cook cabbage (or substitute with Kale) in salted water until tender and drain.
Cook potatoes in water, drain and mash.
Cook the chopped leeks in milk until tender.
Add the mashed potatoes to the leek & milk.
Season with some salt and pepper.
Grate in some nutmeg.
Add the cabbage (or kale) along with some butter.
Mix to combine.
Serve hot in a big bowl with a serving spoon
with an extra knob of butter on top!